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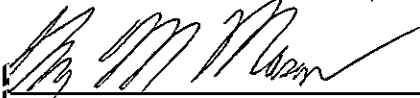
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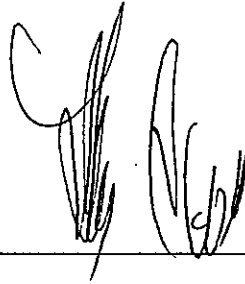
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M. Mason, Secretary-Treasurer

1 17, 1995



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March 15, 1995

Deputy Trustee and the College of Southern
Trustees



Removal and Replacement

This letter lists the six bids we received for
installation and purchase of new
rooms in the old dorm.

Due to the low quality of the carpet to be
removed by Dick Sterling, I recommend that we
purchase 10,000 sq. ft. of Twin Falls in the amount of

The cost of this project is from the Dormitory Housing

SOUTHERN IDAHO WELLNESS INCENTIVE PROGRAM

Encourage employees to gain a higher level of wellness
Reduce the pressure on campus parking space.
Reduce air pollution through reduced auto emissions.

For an employee to participate, the employee must:
1. Agree with the wellness committee.
2. Complete a wellness level evaluation.
3. Sign a wellness activity agreement.

The program will operate on a monthly basis. There will be monthly incentives depending upon the level of wellness they maintain. Wellness points will be awarded based on the number of points a participant earns through the wellness program through healthy lifestyle choices. The reverse side of this document will detail the points awarded to each. There are three levels of wellness to attain.

Level I: Minimum of 125 points monthly.
Participants who receive one of the following monthly:
1. A \$10.00 credit on Blue Shield Health Insurance premium.
2. A free meal for 2 meals in the cafeteria.
3. A free meal for a \$6.00 credit in the CSI Bookstore.
4. Free transit passes.

Level II: Minimum of 225 points monthly.

Participants may select one level I choice or select two separate items.

Level III: Minimum of 325 points monthly.

Participants may select one level I choice or select three separate items.

NON-MOTORIZED COMMUTING TO WORK INCENTIVE

Employees who choose to commute to and from work through non-motorized modes of transport listed in level I and be awarded an additional day of leave for each 90 days of commuting. Employees or a wellness day for faculty, not to exceed 2 days per year. Employees must meet the following requirements:

1. Commute to and from work in a non-motorized fashion for 90 days.
2. Receive one day for each 90 days of commuting)
3. Maintain a minimum level I wellness.

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