



College of  
Southern  
Idaho

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SURGICAL FIRST ASSISTING/SURGICAL TECHNOLOGY PROGRAM  
PHYSICAL EXAM  
BILL OF HEALTH

Please complete and return all attached forms to

I have examined \_\_\_\_\_ on \_\_\_\_\_  
Student's Name Date

For admission to the surgical technology program at the College of Southern Idaho.

- a. \_\_\_\_\_ This individual meets the immunization requirements (student should bring the form)
- b. \_\_\_\_\_ Has no physical or psychological conditions that would disqualify him/her from participating in a Health Sciences and Human Services program
- c. \_\_\_\_\_ Is currently undergoing adequate medical or psychological treatment for any such conditions. Treatment should not interfere with the educational experience.

-and

- d. \_\_\_\_\_ Is in compliance with the program's technical standards (see attached) or is in compliance except standards (list number ~~12~~ as they apply) \_\_\_\_\_

\_\_\_\_\_  
Print name please MD/NP/PAC

Name of clinic or office \_\_\_\_\_

\_\_\_\_\_  
Signature MD/NP/PAC

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Technical Standards:

In compliance with the title 1990 Americans with Disabilities Act, and the regulations for working in surgery, the following standards have been established.

According to the nature of the work required in surgical technology and the educational requirements of the surgical technology program, the student must be able to meet the following standards prior to admission into the program.

Standard	Examples of necessary behaviors (not all inclusive)
1. Must follow standards for personal hygiene	<ul style="list-style-type: none"><li>○ Daily Bathing</li><li>○ Clean (freshly washed) hair</li><li>○ Clean, healthy teeth</li><li>○ Clean fingernails with no fingernail polish or acrylic nails</li><li>○ No eyebrow piercings in the OR (or placeholder for piercing)</li><li>○ No earrings or jewelry in the OR</li><li>○ Current immunization status (including seasonal flu)</li><li>○ Current statement of history</li></ul>

	<ul style="list-style-type: none"><li>○ Utilize basic mathematical skills</li></ul>
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6. Physical abilities sufficient to maneuver in small spaces, and reach for needed equipment

- Move around and within sterile field,
- Move around and within sterile area
- Administer CPR
- Transfer patients from stretchers/ wheelchairs
- Transfer anesthetized patients to and from the operating room table to stretcher
- Assist in positioning nonmobile patients on the operating room table.